

Pamper Yourself for a Good Cause

Receive Over \$300
In Spa Services

ONLY
\$100!!!

Receive a Whole Body Detox
Including These Services!*

- **Raindrop Therapy**
- **High Frequency Facial**
- **Ultrasound Skin Scrubber**
- **LED Visible Light Rays Therapy**
- **Micro Current Facial**
- **Castor Oil Pack (Liver Detox)**
- **Cellulite MD (Endermology)**
- **Feather Touch**

***Unity of Nashville receives a \$30 donation**

Or Choose Any 1 Service for
\$40

All net proceeds go to benefit
Unity of Nashville,
and YOUR CHOICE of either
Single Parents with Cancer
or Killowatt Ours

To set your appointment call,
Patricia Lefler (615)403-5483.

High Frequency Facial

- Helps Eliminate & Prevent Stubborn Acne
- Helps Shrink Enlarged Pores
- Reduces the Appearance of Fine Lines, Wrinkles & Cellulite
- Helps Decongest Puffy Eyes
- Can Fade Dark Eye Circles
- Helps Rejuvenate the Condition of the Scalp for Improved Hair Growth

Micro Current Facial

- Diminishes the Appearance of Fine Lines & Wrinkles
- Improves Blood & Lymph Circulation
- Re-hydrates & Revitalizes Skin
- Improves Circulation
- Smooths and Firms Skin
- Hydrates and revitalizes skin
- Improves elasticity

LED Visible Light Rays Therapy

- Can Minimize the Appearance of Fine Lines, Wrinkles & Crow's Feet
- Helps Clear Blemishes & Minimizes Pores
- Improves the Appearance of Skin Tone & Texture
- Restores Skin's Natural Collagen Production
- Reduces Melanin That Causes Brown Spots
- Reduces the Effects of Sun-Damaged Skin
- Increases Circulation & Moisture
- Reduces Skin Degradation, Redness & Flushing
- Decreases Scarring, Redness, Dry Patches, Itching & Sensitivity Caused by Eczema
- Stimulates & Activates Naturally Occurring Metabolic Function & Nutritional Elements
- Promotes the Healing of Wounds, Scars, & Burns

Shiatsu Facial

- It Helps Delay Ageing of the Facial Skin
- The Skin Glows & Shines so that You Look Younger & More Beautiful
- Helps in Retaining Moisture Contents of the Dermis
- Improves Blood Circulation which Gives Your Face a Glow
- Improves Facial Skin & Muscle Tone
- It is a Cosmetic Treatment
- Oils or Lotions Are Not Used so Your Face Does Not Have an Oily Appearance

Castor Oil Pack (Helps with Liver Detox)

Castor oil packs are a traditional holistic treatment for a range of conditions, such as:

- Epilepsy
- Poor Eliminations
- Inflammation of the Gall Bladder
- Enhance Liver Function
- Scleroderma
- Headaches
- Appendicitis
- Arthritis
- Colitis
- Intestinal Disorders
- Incoordination Between Nervous Systems
- Neuritis
- Toxemia

Raindrop Therapy

- Helps Balance & Re-align the Spine – the Energy Centers of the Body
- Can Re-align the Spine with No Manual Manipulation
- Decreases Stress & Anxiety
- Decreases Inflammation in the Body
- Creates a Hostile Environment for Viruses & Bacteria
- Emotional Well-Being & Release
- Assists in Detoxifying the Body
- May Increase Height

Cellulite MD (Endermology)

- Cellulite MD Helps to Eliminate Cellulite
- Firms & Tones the Hips, Thighs, Butt, or Arms
- Get Rid of the Cottage-Cheese & Orange-Peel Skin
- Prevent Cellulite from Returning
- Nourishes & Pampers Your Skin
- Enhances Veins

Ultrasound Skin Scrubber

- Exfoliates Dead Skin Cells for a Clearer, Healthier Complexion
- Doesn't cause the Redness & Irritation Sometimes Associated with Microdermabrasion
- Loosens & Removes Oil, Dirt & Cellular Debris from Follicles
- Helps Pores Diminish in Size
- Reduces Bacteria Levels
- Stimulates Skin to Produce Collagen & Elastin
- Diminishes Fine Lines & Wrinkles
- Skin is Restored to a Smoother, More Youthful Glow & Can be Maintained with Regular Treatments
- Aids in Penetrating Skin Care Products Deep into the Skin Requiring Less Product & Making It More Effective

Feather Touch

- Promotes Healing in the Skin
- Comforts the Individual
- Improves Blood Circulation
- Stimulates Nerve Endings

All services rendered by Chessy Latendresse licensed Esthetician at 1053 General George Patton Rd, Nashville, TN 37221. Those with Braces, Pace makers, Epilepsy, Poor Eliminations, Heart Conditions, Metal Implants, Open/Broken Skin, Phlebitis, Diabetes, Couperose Skin, or Rosecea may not be able receive some services. Please consult a physician first if you have a skin condition. Individual results may vary.